



# C.O.R.E. TRAINING • SUMMER 2024

## Construction Orientation Readiness Education

Recent High School Graduates • Employment Service Programs • Returning Citizen Programs

### For DC Residents Only

As our industry changes, ABC CraftMasters changes with it. Since 2008, C.O.R.E. has trained DC residents to develop fundamental skills needed by the construction industry and provide opportunities for careers in construction.

McCullough Construction, LLC/Irving Development, LLC along with the Developer, MRP Realty, and partners CSG and Taylor Adams Associates, as well as in cooperation with DC DOES will begin the twelfth installment of the ABC C.O.R.E. Training Program. Candidates who successfully complete the class will position themselves to secure construction jobs in Washington, DC Metropolitan Area.

### COURSE WORK

C.O.R.E. is a prerequisite for all trade/apprenticeship classes and is designed to provide students with basic knowledge and skills required in the construction trades.

### SCHEDULE

Class starts on **Monday, May 20, 2024**  
Class meets **Mondays & Wednesdays** 3pm - 7pm (10 weeks)

### LOCATION

The Perry School (128 M Street, NW, Washington DC)

### COST

Tuition is paid for by the Developer.

If interested, please email:  
[zion@mccullough-construction.com](mailto:zion@mccullough-construction.com)

## What's Included?

**Basic Safety** - Construction safety for managing construction site hazards, safety communication, fire safety, electrical safety, fall Protection, scaffold safety, First Aid/CPR AED and OSHA-10.

**Construction Math** - Reading a tape measure, addition, subtraction, multiplication and division of whole number, fractions and measurements, decimals and percentages.

**Hand Tools** - Those most commonly found in the construction industry, including drills, saws and other miscellaneous tools, which will be used with hands-on projects.

**Material Handling** - Proper handling techniques and procedures.

**Introduction to Blueprint Reading** - How to understand, read and navigate blueprints.

**Employability Skills** – Provide participants with the skills to become ideal employees.

**Communication Skills** – Provide participants with information on effective communication skills, that will help them speak fluently and coherently.

**Personal Finance** - How to open a bank account, balance a check book, use a debit card, open a credit account, as well as invest in a 401k and other retirement accounts.